


Viewpoints

Pediatric Ophthalmology & The Center for Adult Strabismus

www.popacas.com

New Address!

DALLAS

David R. Stager, Sr., M.D., F.A.C.S.

Priscilla M. Berry, M.D., F.A.C.S.

Cynthia L. Beauchamp, M.D.

8222 Douglas Avenue, Suite 400

Dallas, TX 75225

Telephone 214-369-6434

Facsimile: 214-696-6273

PLANO EAST

David R. Stager, Jr., M.D., F.A.C.S.

John T. Tong, M.D., F.A.C.S.

3900 W. 15th Street, Suite 406

Plano, TX 75075

Telephone 972-758-0625

Facsimile: 972-964-5725

PLANO WEST

Alan D. Davis, M.D.

6200 W. Parker Road, Suite 508

Plano, TX 75093

Telephone 972-981-8430

Facsimile: 972-981-3242

GRAPEVINE

George R. Beauchamp, M.D.

Cynthia L. Beauchamp, M.D.

1643 Lancaster Drive, Suite 201

Grapevine, TX 76051

Telephone: 817-329-5433

Facsimile: 817-329-5532

Research Update by Joost Felius, Ph.D.

Pediatric Ophthalmology & The Center for Adult Strabismus continues to play an active role in clinical research. Our physicians realize that research is essential for the advancement of medical care and that, in turn, a medical care setting such as our practice is invaluable for the conduct of clinical studies. Over the years, this two-way interaction between research and medical care has led to an extremely fruitful collaboration between our practice, the department of ophthalmology at Children's Medical Center, the laboratories for Pediatric Eye Research and Vision Disorders at the Retina Foundation of the Southwest, as well as nationwide networks for clinical research.

Dr. David Stager, Jr. is the Co-Principal Investigator in the Dallas area for the *Infant Aphakia Treatment Study*, an NIH-sponsored randomized clinical trial with 12 sites across the country. This study seeks to compare the effectiveness and safety of intraocular lenses (IOLs) to contact lens treatment in infants with a unilateral congenital cataract. At this point it is unclear how the potential benefits of IOL implantation weigh against possible differences in safety aspects when compared to the more established management with a contact lens. The *Infant Aphakia Treatment Study* is expected to reach the recruitment goal of 114 infants in the fall of 2008. Infants enrolled in this study have their cataract removed between 4 weeks and 7 months of age and are followed closely until they reach the age of 5 years.

Drs. David Stager, Sr. and Priscilla Berry have been active members of the *Pediatric Eye Disease Investigator Group* (PEDIG), also supported by the NIH, from its inception in 1997. The PEDIG studies have shed light on a wide variety of problems that are common in a pediatric ophthalmology practice, from comparing treatment options for amblyopia, the natural progression and timing of surgery in infantile esotropia, to the management of blocked tear ducts. Our current participation in PEDIG focuses on older children with amblyopia and children with residual amblyopia.

Drs. George Beauchamp and Cynthia Beauchamp have recently published a series of papers showing that adult patients with strabismus have a significant decrease in quality of life. These results underline the importance of finding ways to improve the treatment of strabismus and amblyopia, in adults as well as in children, in whom a favorable outcome may last a lifetime.

We welcome Dr. Cynthia Beauchamp to our practice as a full time staff physician. She will focus on pediatric ophthalmology and (pediatric and adult) strabismus. Dr. Beauchamp will practice in the Dallas & Grapevine offices. *Read more on page two!*

We welcome Dr. John Tong, to our practice as a part time staff physician who will focus on pediatric ophthalmology and pediatric as well as ADULT oculoplastic medicine. Dr. Tong will be practicing in our Plano East office. *Read more on page four!*

Physicians of Pediatric Ophthalmology



Cynthia L. Beauchamp, M.D.

Cynthia L. Beauchamp, M.D., joined Pediatric Ophthalmology, PA and the Center for Adult Strabismus in August 2008 after completing a Fellowship in Pediatric Ophthalmology & Strabismus at Children's Medical Center of Dallas. She completed her residency in ophthalmology at University of Texas Southwestern Medical Center in Dallas, TX. She earned her undergraduate and Masters degrees in Organizational Behavior/Sociology at Stanford University. Dr. Beauchamp obtained her medical degree at Northwestern University in Chicago, IL where she was inducted into the Alpha Omega Alpha Honor Society.

During her residency and fellowship Dr. Beauchamp authored several articles on topics in pediatric ophthalmology and strabismus including the value resulting from treatment of ocular and non-ocular diseases. She has many interests but mostly enjoys time with her young sons, Kyle and Chase.



George R. Beauchamp, M.D.

George R. Beauchamp, M.D. obtained his medical degree at Northwestern University School of Medicine and completed his residency at Walter Reed Army Medical Center. Dr. Beauchamp was fellowship trained in corneal surgery and pediatric ophthalmology at the Washington Eye Center and Children's National Medical Center in Washington, D.C. Dr. Beauchamp is Board Certified in Ophthalmology. In 1991, he relocated to the Dallas/ Fort Worth Metroplex. He served as a Director of the American Board of Ophthalmology from 1991 through 1998.

Currently, Dr. Beauchamp is Professor of Clinical Ophthalmology at the University of Texas Southwestern Medical Center at Dallas where he teaches ethics. He serves as Chairman of the Board of the Children's Eye Foundation and is a member of the Board of Directors of the American Association for Pediatric Ophthalmology and Strabismus. Dr. Beauchamp has ongoing interests in values in medicine, and particularly as they relate to children and adults with strabismus. In 2007 he published his first book, Slaves to Medicine. His research includes performance measures applied to medical outcomes. He enjoys reading, history and philosophy.



Priscilla M. Berry, M.D., F.A.C.S.

Priscilla M. Berry, M.D. obtained her medical degree and residency in Ophthalmology at The University of Texas Southwestern Medical School. She was fellowship trained in pediatric ophthalmology at Children's Medical Center of Dallas. She is Certified by the American Board of Ophthalmology and a Fellow of the American College of Surgeons. She has been active in community service having provided volunteer services at Scottish Rite Hospital for Children for twenty-eight years. Research is an important part of her work and she participates in the nationwide Pediatric Eye Disease Investigator Group research studies. Her areas of special interest are diagnosis and treatment of Amblyopia (lazy eye, reduced vision in one eye) and Strabismus (misaligned eyes). She limits her practice to children and especially enjoys the pre-school age group.

Dr. Berry holds the title of Clinical Associate Professor, Department of Ophthalmology, UT Southwestern Medical School of Dallas, Texas. Dr. Berry is a member of several associations including the American Academy of Ophthalmology, Texas Medical Association, American Association for Pediatric Ophthalmology and Strabismus and Texas Association for Pediatric Ophthalmology.

Physicians of Pediatric Ophthalmology



Alan D. Davis, M.D.

Alan D. Davis, M.D. obtained his medical degree from Duke University School of Medicine in Durham, North Carolina and completed his residency at the University of California San Francisco. Dr. Davis was fellowship trained in Pediatric Ophthalmology at Indiana University and Sydney University, Australia. He is Board Certified in Ophthalmology.

Dr. Davis belongs to the American Academy of Ophthalmology, Texas Pediatric Ophthalmology Society, American Association for Pediatric Ophthalmology and Strabismus, American Medical Association, Texas Medical Association and Dallas County Medical Society. Dr. Davis is active in community/volunteer service and holds Board positions for Dallas Services, Pearle Vision Foundation, Dallas Services for Visually Impaired Children and PediPlace. Dr. Davis's practice is primarily devoted to pediatric ophthalmology and strabismus. He enjoys ranching, fishing, hunting and history.



Joost Felius, Ph.D.

Joost Felius, PhD received his Doctorate degree from the University of Amsterdam and his Bachelor of Science in Physics from Leiden University, The Netherlands.

Dr. Felius currently holds the position of Research Scientist at the Retina Foundation of the Southwest and Adjunct Assistant Professor of Ophthalmology at the University of Texas Southwestern Medical Center in Dallas, Texas. **Dr. Felius is the Research Director, Pediatric Ophthalmology and The Center for Adult Strabismus.**

Dr. Felius is the lead or participating author of over thirty articles in respected medical and scientific journals in the United States and abroad.



David R. Stager, Sr., M.D.

David R. Stager, Sr., M.D., F.A.C.S. obtained his M.D., residency training and M.M.S. from Ohio State University. His fellowship was at the Children's Hospital in Washington D.C. with Dr. Frank Costenbader and Dr. Marshall Parks. He is a member of the TMA, AMA, AAO, and the American Association for Pediatric Ophthalmology and Strabismus (AAPOS). He is certified by the ABO and is a member of the American Ophthalmological Society, the Squint Club and the Cosmos Club. He is listed in The Best Doctors in America. He has authored or co-authored over 120 peer-reviewed articles and five book chapters. His interest in teaching includes being the moderator of the annual AAPOS Adult Strabismus Workshop for eight years and guest lecturer at Harvard University/Boston's Children's Hospital, Michigan Ophthalmology Assoc., U. of Florida, UT Houston, OSU, and Texas Tech as well as Argentina, Venezuela, Dominican Republic and Spain. He presented the keynote address at the 2000 AAPOS meeting. He has been co-director of the fellowship program at Children's Hospital and a clinical professor in the Dept. of Ophth. at UTSWMS in Dallas. He will be helping in the adult strabismus clinic at Parkland Hospital. He enjoys a daily work out and keeping up with his profession.

Physicians of Pediatric Ophthalmology



David R. Stager, Jr., M.D., F.A.C.S.

David R. Stager, Jr., M.D. grew up in Dallas and attended St. Mark's School of Texas before graduating from Southern Methodist University Phi Beta Kappa and Cum Laude. He studied European history in Oxford, Spain, and Paris before completing his medical degree and residency in Ophthalmology at The University of Texas Southwestern Medical School. He pursued a fellowship in pediatric ophthalmology at Children's National Medical Center, Washington D.C. under the tutelage of Dr. Marshall M. Parks. Dr. Stager, Jr. is Board Certified in Ophthalmology.

Dr. Stager, Jr. serves on the Board of Directors of the Retina Foundation of the Southwest, the Board of Directors of the Vogel Alcove (a day care shelter for children of the homeless) and the Board of Directors for the Lighthouse for Christ Mission which operates a charity ophthalmology hospital in Mombasa, Kenya. He is a member of several medical associations including American Academy of Ophthalmology (AAO), American Association for Pediatric Ophthalmology and Strabismus (AAPOS), American Medical Association (AMA), Texas Medical Association and The American College of Surgeons. He is one of the youngest members to have received the "Honor Award" from AAPOS (2004) and has been nominated for membership into the American Ophthalmological Society. He is currently the principal investigator in Dallas for the Infant Aphakic Treatment Study, a NIH funded multi-center national trial examining the use of intraocular lenses in infants. Dr. Stager has authored more than thirty articles in peer reviewed journals as well as two chapters in ophthalmology text books. He is a clinical assistant professor at the medical school.

His practice is primarily devoted to general pediatric ophthalmology, adult strabismus and the management of pediatric cataracts. He is also active in medical missions serving as a visiting professor and surgeon with Orbis International in countries such as Argentina, Panama, Vietnam and India. He lives in Dallas with his wife Cindy and three children (Hayden, Trey, and Sophie).



John T. Tong, M.D., F.A.C.S.

John T. Tong, M.D., F.A.C.S. is double specialized in both Ophthalmic Plastic Surgery and Pediatric Ophthalmology & Strabismus. He obtained his medical degree from Jefferson Medical College in Philadelphia through an accelerated program where he finished college in 2 years. Dr. Tong completed his residency at the University of California Los Angeles. He finished his first fellowship in Pediatric Ophthalmology & Strabismus with Dr. Marshall Parks at the Children's National Medical Center in Washington, DC. He then completed his second fellowship in Ophthalmic Plastic Surgery at the University of California Los Angeles and in Beverly Hills. After his dual fellowship training, he practiced in California for over seven years before moving to Texas.

In addition to seeing children for pediatric ophthalmology and strabismus, Dr. Tong sees both children and **ADULTS** for ophthalmic plastic surgery issues. These include droopy eyelids/ptosis/dermatochalasis, droopy eyebrows, eyelid cancer, tearing/nasolacrimal duct problems, in-turning/entropion and out-turning/ectropion of the eyelids, Botox injections and filler injections. Dr. Tong has authored multiple articles and given lectures at multiple meetings. He is a Fellow of the American Association of Pediatric Ophthalmology & Strabismus, American Association of Cosmetic Surgery, American Society of Ophthalmic Plastic & Reconstructive Surgery, American Academy of Ophthalmology, and American College of Surgeons.